## SYRINGE DISPOSAL BASICS

If you find a needle, secure it using a sharps container or alternative.

NEVER put loose sharps in the trash, recycling, or flush down the toilet!

# FDA RECOMMENDS ALWAYS USING FDA-CLEARED CONTAINERS If you do not have a sharps container, use an empty household container with these features: Stays upright Tight-fitting lid that cannot be punctured Made of heavy-duty plastic Does not leak

FDA, 2014

#### **SUPPLIES**

- Sharps Container
- Gloves
- Tongs
- Hand sanitizer or soap & water

# HOW TO HANDLE NEEDLES & avoid injury:

#### DO NOT

- force needles or sharps into container
- put fingers inside the container
- bend, break, recap or remove the needle
- leave the needle unattended. If you must leave to get disposal supplies, ask another person to keep watch to avoid an accidental stick

#### **INSTEAD**

- make sure that you can clearly see and move around the needle
- ensure no children or others are nearby
- use gloves
- bring your sharps container or alternative to the needle, not the other way around

#### TAKE ACTION

- 1. Put on gloves
- 2. Place the container on the ground beside the syringe
- Pick up the syringe by the middle of the barrel using tongs or gloved hands, whichever provides the most control
- 4. Place the syringe into the sharps container sharp end first
- 5. Secure the lid of the sharps container
- 6. Remove gloves and wash your hands



## WHERE TO DISPOSE OF NEEDLES safely & legally



Indiana Recovery Alliance 118 S. Rogers St. Suite 2, Bloomington, IN 47404 1-812-56-SAFER indianarecoveryalliance.org

Indiana Recovery Alliance will accept both FDA approved containers as well as non-FDA approved puncture resistant containers.



Monroe County Solid Waste Management District 3400 S. Walnut St. Bloomington, IN 47401 1-812-349-2020 http://www.gogreendistrict.com/

Monroe County Solid Waste will ONLY take FDAapproved sharps containers.

#### WHERE TO OBTAIN AN FDA-APPROVED SHARPS CONTAINER



FDA - approved sharps containers

If you need a sharps container: ask at a pharmacy, medical supply company, healthcare provider, household hazardous waste department or online at:

http://safeneedledisposal.org/solutions/pharmaceutical-programs/

#### WHAT ARE THE RISKS?

- There has *never* been a reported case of transmission of HIV via a community
- found syringe accidental needle stick (CFSASN). Journal of Public Health 2013
- The risk of Hepatitis B and C transmission from a CFSANS is
  - "practically negligible." British Medical Journal
- No HIV cases ever from a CFSANS.

  Practically negligible for other blood borne virus from a CFSANS.
- The **REAL** danger comes when people
- who use drugs don't have access to sterile syringes. To take one example, the Hepatitis C and HIV outbreak in
- Scott County, which will affected over 230 people and will cost nearly
- \$100,00,000 just for HIV treament. Syringe service programs like ours
- decrease transmission by over 70%.
- 1) STAY EDUCATED.
- 2) AVOID HYSTERIA.

#### WHAT TO DO IN CASE OF A NEEDLESTICK

- Remain calm
- Wash the needlestick wound with soap and water
- · Do not squeeze the wound
- Apply antiseptic and cover with a band-aid
- Seek post-exposure evaluation at a health clinic

CDC, 2003

REFERENCES

Bass, J. (2012). Used needles and syringes along with other drug taking items found discarded close to a public car park in Great Yarmouth [digital photo]. Retrieved from: http://www.greatyarmouthmercury.co.uk/news/used

Osowicki J, Curtis N. Archives of disease in childhood 2014 A pointed question: is a child at risk follwoing a community found needlestick

Riddell A, Kennedy Tong CY British Medical Journal 2015 Sharps injuries in the community - same same but different

U.S. Food and Drug Administration. (January 2014). Be Smart With Sharps Pamphlet. Retrieved from: https://www.fda.gov/downloads/MedicalDevices/Produc tsandMedicalProcedures/HomeHealthandConsumer/ ConsumerProducts/Sharps/UCM382005.pdf.

"A last resort is to dispose of the used syringes/sharps in a heavy duty plastic bottle such as a laundry detergent bottle and tape the lid shut. (Do not use coffee cans – they are not puncture resistant) On the outside of the bottle, where it can be easily seen, write "WARNING: SYRINGES - DO NOT RECYCLE" on the outside and then place in the household trash."

https://www.in.gov/isdh/files/Indiana\_Needle\_Disposal\_Recommendations.pdf



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For information about rules and laws in your community, contact the Coalition for Safe Community Needle Disposal at 800.643.1643. For more information on sharps visit fda.gov/safesharpsdisposal.

### KEEP YOURSELF, YOUR FAMILY & COMMUNITY SAFE

A HOW-TO GUIDE FOR
DISPOSING OF NEEDLES
& what to do in case of injury



Bass, 201